

The Centers for Disease Control and Prevention (CDC) has offered the following information on how to protect yourself from coronavirus (COVID-19):

HEALTHCARE PERSONNEL CARING FOR PATIENTS WITH CONFIRMED OR POSSIBLE COVID-19 SHOULD ADHERE TO CDC RECOMMENDATIONS FOR INFECTION PREVENTION AND CONTROL (IPC):

- ▶ Assess and triage these patients with acute respiratory symptoms and risk factors for COVID-19 to minimize chances of exposure, including placing a facemask on the patient and isolating them in an Airborne Infection Isolation Room (AIIR), if available
- ▶ Use Standard Precautions, Contact Precautions, and Airborne Precautions and eye protection when caring for patients with confirmed or possible COVID-19
- ▶ Perform hand hygiene with alcohol-based hand rub before and after all patient contact, contact with potentially infectious material, and before putting on and upon removal of PPE, including gloves. Use soap and water if hands are visibly soiled
- ▶ Practice how to properly don, use, and doff PPE in a manner to prevent self-contamination
- ▶ Perform aerosol-generating procedures, including collection of diagnostic respiratory specimens, in an AIIR, while following appropriate IPC practices, including use of appropriate PPE

ENVIRONMENTAL CLEANING AND DISINFECTION

Routine cleaning and disinfection procedures are appropriate for SARS-CoV-2 in healthcare settings, including those patient-care areas in which aerosol-generating procedures are performed. Products with EPA-approved emerging viral pathogens claims are recommended for use against SARS-CoV-2. Management of laundry, food service utensils, and medical waste should also be performed in accordance with routine procedures.

WHEN TO CONTACT OCCUPATIONAL HEALTH SERVICES

If you have an unprotected exposure (i.e., not wearing recommended PPE) to a confirmed or possible COVID-19 patient, contact your supervisor or occupational health immediately.

If you develop symptoms consistent with COVID-19 (fever, cough, or difficulty breathing), do not report to work. Contact your occupational health services.

This document is for general information only and is not intended to provide, and should not be relied upon for, medical or other advice in any particular circumstance or fact situation.

Source: Centers for Disease Control and Prevention
<https://www.cdc.gov/hail/pdfs/ppe/PPE-Sequence.pdf>