

## WHAT IS A CORONAVIRUS?

Coronaviruses are a family of viruses that can cause respiratory illness in people. Coronaviruses circulate among animals, including camels, cattle, cats, and bats

## WHAT ARE THE SIGNS AND SYMPTOMS OF COVID-19 INFECTION?

Patients with confirmed COVID-19 infection have reportedly had mild to severe respiratory illness with symptoms such as fever, cough, and shortness of breath.

## WORKERS SHOULD FOLLOW THESE GENERAL PRACTICES TO HELP PREVENT EXPOSURE TO CORONAVIRUS:

- ▶ **Frequently wash your hands.** Use soap and water for at least 20 seconds. If soap and running water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.
- ▶ **Avoid face contact.** Do not touch your eyes, nose, or mouth with unwashed hands.
- ▶ **Practice cough etiquette.** Cover your mouth with a tissue and cough into the tissue. If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.
- ▶ **Distancing.** Reduce the frequency, proximity, and duration of contact between workers and subcontractors as much as possible. Have crews spread out as much as possible or work on different levels where applicable.
- ▶ **Hand tool/equipment controls.** Do not use another person's hand tool or construction equipment without first disinfecting the tool or surface with an antiviral cleaning product.
- ▶ **Use Personal protective equipment (PPE).** For added controls, a N95 respirator and disposable gloves can be worn to best prevent exposure from persons who are, or may be, infected with a virus.
- ▶ **See a doctor.** Seek professional medical attention as soon as you think you may be ill. The longer you wait the greater the chance of serious illness.
- ▶ **Infection control protocol.** If a worker on the project is confirmed to have coronavirus, wait a minimum of 12 hours before allowing anyone in the area the worker was stationed. The area should be disinfected with an antiviral cleaning product before all workers return to the area.

*This document is for general information only and is not intended to provide, and should not be relied upon for, medical or other advice in any particular circumstance or fact situation. You are advised to consult with health care and other professionals to address any particular circumstance or fact situation.*